

# COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH

## FACT SHEET

### **APPROVAL OF AMENDMENT TO EXISTING DEPARTMENT OF MENTAL HEALTH CONSULTING SERVICES AGREEMENT WITH CALIFORNIA INSTITUTE FOR MENTAL HEALTH FOR FISCAL YEARS 2006-07 AND 2007-08 (ALL SUPERIVORIAL DISTRICTS)**

#### **REQUEST**

Approve and instruct the Director of Mental Health or his designee to prepare, sign, and execute Amendment No. 2, substantially similar to the Attachment, to the existing Department of Mental Health (DMH) Consulting Services Agreement with the California Institute of Mental Health (CIMH) (Agreement No. MH-050001) to provide consultation, technical assistance and training for the Intensive In-Home Mental Health Services. The Amendment will increase the Total Compensation Amount (TCA) in the amount of \$534,000 (\$267,000 from DMH's Mental Health Services Act (MHSA) Community Services and Supports (CSS) Plan funds and \$267,000 from the Department of Children Services (DCFS) funds) for FY 2006-07. For FY 2007-08 the TCA will increase in the amount of \$857,000 (\$428,500 from DMH's MHSA CSS Plan funds and \$428,500 from DCFS funds). The TCA amount for FY 2006-07 will be revised to \$1,048,867 and for FY 2007-08 will be revised to \$1,471,868. This Amendment will be effective upon Board approval.

#### **PURPOSE/JUSTIFICATION**

Board approval of the Amendment is being requested because the recommended increase of \$1,391,000, to the TCA exceeds DMH's delegated authority for FY 2006-07 and FY 2007-08.

The Amendment will enable CIMH to provide consultation, technical assistance and training through the establishment of Community Development Teams to support training for Los Angeles County Department of Mental Health (DMH) contract agencies in a variety of evidence-based mental health practices to be used for intensive in-home mental health services as well as to support the ongoing implementation of these sophisticated treatment interventions. These services are to be developed as part of the joint Department of Children & Family Services (DCFS) and DMH plan (Countywide Enhanced Specialized Foster Care Mental Health Services in Service Areas 1, 6 and 7), approved by the Board of Supervisors on October 11, 2005 (Plan). These services will be directed to children and youth under the supervision of DCFS in Service Areas 1, 6, and 7

(Supervisory Districts One, Two, Four and Five) who are residing in either congregate care of D-rate placements or at risk of such placements.

## **CONTRACTOR**

CIMH will partner with DMH to administer Multidimensional Treatment Foster Care (MTFC), Multisystemic Therapy (MST), and Children's Comprehensive Services Program (CCSP) Community Development Teams (CDT). CDT is a multifaceted approach designed to promote sustainable, model-adherent adoption of evidence-based practices. This approach has been tailored to support implementation of MTFC, MST and CCSP across numerous private and/or county operated outpatient providers operating in Service Areas 1, 6 and 7.

CIMH is uniquely qualified to assist the DMH implement and sustain the proposed evidence-based practices. CIMH was established by the California Mental Health Director's Association (CMHDA) in 1993 to promote excellence in California's public mental health service system. County mental health directors, consumers, family members and public interest representatives serve on its Board of Directors. CIMH has long-term, excellent relationships with state and local service systems and is a statewide leader in assisting counties with developing effective intervention practices.

The Cathie Wright Technical Assistance Center, the branch of CIMH responsible for children's mental health programs, was originally created to assist counties in their efforts to develop Children's System of Care programs. Early efforts focused on training in team building, interagency collaboration, parent/professional partnerships and cultural competency. As a result of helping counties develop System of Care services, CIMH launched a strategic initiative to promote the adoption of evidence-based practices by county operated Mental Health Plans, and probation and child welfare agencies throughout the state of California.

The agency developed the Community Development Team (CDT) training and technical assistance model designed to promote the sustainable model-adherent implementation of evidence-based practices by public sector mental health, juvenile justice and child welfare agencies and private providers. The CDT model is the subject of a recently awarded research grant from the National Institute for Mental Health (NIMH).

CIMH has established relationships with practice developers and has extensive experience successfully assisting California counties to implement evidence-based practices. Currently CIMH is involved in the transport of several evidence-

based practices: Functional Family Therapy (FFT), Multidimensional Treatment Foster Care (MTFC), The Incredible Years (IY) and others.

The Amendment (Attachment) has been approved as to form by County Counsel. The CAO and DMH's Fiscal and Program Administrations have reviewed the proposed actions. Administrative staff of DMH will continue to administer and supervise the Agreement and ensure that Agreement provisions and Departmental policies are being followed.

### **CONTRACTING PROCESS**

Upon Board approval, DMH will allocate a total of \$1,391,000, to CIMH to provide consultation, technical assistance and training services. DMH has selected CIMH who is uniquely qualified to provide the Community Development Team and clinical training described in DMH and DCFS's joint Plan based upon their extensive experience in promoting innovation in county mental health care for these services based on their established expertise and experience.

### **DMH CONTACT:**

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