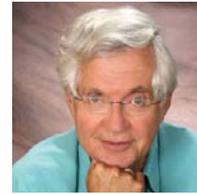


Charles Rubin - Author and Keynote Speaker

“DON’T LET YOUR KIDS KILL YOU... OR ANYONE ELSE”

AMERICAN JEWISH UNIVERSITY - 15600 Mulholland Dr. Bel-Air, California 90077

“A MUST READ FOR THOSE DEALING WITH SUBSTANCE ABUSE, MENTAL ILLNESS OR BOTH IN THEIR FAMILY.” ~ Sharon Dunas, MFT, President NAMI Los Angeles County



Session 1 Speakers (10:45AM - 11:55AM)

Go To www.namiwestsidela.org for topic description and speaker biographies

	1. Charles Rubin, Author	“Don’t Let Your Kids Kill You... Or Anyone Else.” Continued Discussion With Author Charles Rubin
	2. Michael L. Levittan Ph.D.	“Anger Management With Mental Illness In the Family.”
	3. Caron Post Ph.D.	“When Parents are Depressed: How to help Children Survive and Thrive with Depression in the Family.”
	4. Michael F. Green, Ph.D.	“Recent Advances for Social Cognition in Schizophrenia.”
	5. Angela Kahn, MFT	“A Better Way to Understand Self Injury.”
	6. Robin Kissell M.D.	“Mentalization Based Therapy: Keeping the Mind in Mind.”
	7. John Brooks, MD, Ph.D.	“BiPolar Disorder: What’s New and Promising in Treatment, Research and Development.”
	8. Mia St. John WBC Boxing Champion	“My Long Journey: Panic; OCD; Dysfunction; My Recovery Using Medications, Therapy, Nutrition and Fitness.”

Session 2 Speakers (12:20PM - 1:30PM)

Go To www.namiwestsidela.org for topic description and speaker biographies

	9. Lynn A. Anderson Ph.D., N.D. RYT, ACE	“Yoga: Bringing Balance and Harmony to the Body, Mind and Soul.”
	10. Ellie Zarrabian, Ph.D.	“Holistic Methods for Coping with Stress, Anxiety and Depression.”
	11. Alisa Dunn LCSW and Dr. Jaime Nahman Ph.D.	“My Relative Has Been Arrested in Los Angeles County: How Do I Access the DMH Court Linkage Program?”
	12. Andrew Sperling J.D.	“Making the Health Care Reform and Federal Parity Laws Work for Consumers and Families in California.”
	13. Dr. Lynn McFarr Ph.D.	“Does My Relative Have Borderline Personality Disorder?”
	14. Gail Evangelidi NAMI Board Member	“How Do I Obtain a LPS Conservatorship for my Relative?": How a LPS Conservatorship Can Help Your Relative in Their Recovery.”
	15. Roderick Shaner M.D.	“Research, Prescribing, and the Real World: “Who’s Duping Whom?”
	16. Robert H. Gerner, M.D.	“Transcranial Magnetic Stimulation Therapy (rTMS) for Depression and other Mood Disorders, It’s Safety, the Procedure and Results.”

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