

Registration

You can register for the symposium by:

Going On-line : <http://tinyurl.com/6z27o9q>

Mailing this registration form to the address on the cover.

E-mailing the information below to hivtraining@ucla.edu

Enrollment is limited! You will be contacted by fax, email, or phone to confirm your registration. Registration, lunch, parking, and continuing education units (CEs) for RN, LCSW, and MFT will be provided at no cost to all registered participants. (Note: We will not be offering CADC, CATC and CAS credits this year.)

Please print clearly:

Name: _____

Agency: _____

Address: _____

City, State, Zip: _____

Phone: () _____ - _____

Fax: () _____ - _____

Email: _____

I request CE's for (please circle)

RN (includes NP and PA) LCSW MFT

License# _____

Please indicate which 2 breakouts you plan to attend:

___A ___B ___C ___D ___E ___F ___G ___H

Special Needs? _____

of HIV/AIDS clients currently served: _____

Directions to the California Endowment

The California Endowment Center for Healthy Communities

1000 N. Alameda Street, LA CA 90012

Near major freeways and public transportation lines.

Parking is free.

For a map and driving directions, please visit:

<http://www.calendow.org/chc/MapDirections.html>



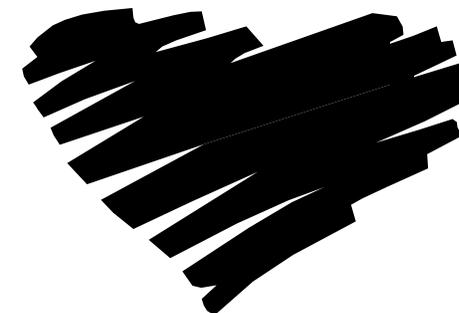
Agenda

7:30 – 8:00	Registration - Breakfast
8:00 – 8:30	Introduction/Evaluations Tom Donohoe, MBA
8:30 – 9:10	Substance Abuse Interventions Tom Freese, PhD
9:10 – 10:20	Medical Update Mark Katz, MD
10:20 – 11:05	The Science of Mindfulness Sue Smalley, PhD
11:05 – 11:15	Break
11:15 – 12:25	Breakout Sessions I (A-G and H1)
A: Using Somatic Psychotherapy Joni Lavick, MFT	E: Hepatitis C & HIV Anthony Martinez, MD
B: Motivational Interviewing Marla Corwin, LCSW	F: Using Mindfulness Marvin Belzer, PhD
C: Medical Marijuana and HIV David Martin, PhD	G: Oral Health and Stress Fariba Younai, DDS
D: HIV, Aging and the Brain Ardis Moe, MD	H1: Transgender HIV Care (M) Luis Gutierrez-Mock MA
	H2: Trauma & ASOs (A) Raul Almazar, RN, MA
12:25 – 1:15	Lunch
1:15 – 2:25	Breakout Sessions II (A-G and H2)
2:25 – 2:35	Break
2:35 – 3:20	Suicide Interventions and HIV Marla Corwin, LCSW
3:20 – 4:15	Trauma-informed services Raul Almazar, RN, MA Sharon Wise, MHS
4:15 – 4:30	Wrap Up/Evaluation/Raffle

The Los Angeles HIV Mental Health Task Force invites nurses and mental health practitioners to a free symposium addressing mental health needs of PLW/HIV/AIDS in the third decade of the pandemic

Coping with Hope 2011

Stressors of a Chronic Disease



Thursday, May 19, 2011

8:00 am to 4:30 pm

THE CALIFORNIA ENDOWMENT

1000 North Alameda Street
Los Angeles, CA 90012

Sponsored by:

UCLA, USC, and DREW Pacific AIDS Education & Training Centers

*Pacific Southwest Addiction Technology Transfer Center
County of Los Angeles Office of AIDS Program & Policy
City of Los Angeles - Office of the AIDS Coordinator*

7 contact hours fulfilling the HIV/AIDS requirement for RNs, MFTs, LCSWs will be provided at no cost by the L.A. Gay and Lesbian Center and the UCLA PAETC

*(PCE # 892 with the California Board of Behavioral Examiners)
(BRN # CEP 15606 with the California Board of Registered Nursing)*

HIV medical treatments continue to improve but depend on patients' abilities to remain in high-quality HIV care. This full-day symposium is designed to assist nurses and mental health clinicians understand the impact of life stressors for a chronic disease, especially in an environment of declining program and clinic budgets.

The symposium will address the needs of underserved clients and populations in the third decade of HIV/AIDS and will emphasize the need for enhancing skills and referral networks to help patients cope, reduce stress and achieve better health outcomes.

Symposium Objectives

- **To examine the critical role of nurses and mental health providers in assisting clients with treatment plans and treatment decisions.**
- **To enhance providers' abilities to keep people in effective HIV care, and cope with life stressors.**
- **To address current challenges in providing HIV care, especially budget cuts and staff reductions.**
- **To review the latest information on HIV/AIDS and substance abuse treatments.**

At the end of the symposium, participants will be able to:

- **Understand the role of the nurse, mental health provider and others in helping HIV patients cope.**
- **Identify culturally appropriate psychosocial and mental health intervention strategies that address stressors in chronic disease management.**
- **Describe strategies for keeping patients in care, despite an increasingly challenging environment of declining resources.**
- **Obtain resources and information and network with other HIV mental health providers and nurses.**



Symposium Organizers/Speakers

Ingrid Marchus, MA, MFTI
DMH
LA HIV Mental Health Task Force
Co-Chair

Elyse Springer, MA, MFT
AIDS Project Los Angeles
LA HIV Mental Health Task Force
Co-Chair

Tom Donohoe, MBA
UCLA/Pacific AETC

Anthony Martinez, MD
UCSD School of Medicine

Sue Smalley, PhD
UCLA MARC

Marla Corwin, LCSW
Mountain Plains AETC

Joel Peisinger
UCLA/Pacific AETC

Raul Almazar, RN, MA
Almazar Consulting

Sharon Wise, MHS
Almazar Consulting

Joni Lavick, MFT
Private Practice

Michael Kaltenbach, LCSW
Good Samaritan Hospital
LA HIV Mental Health Task Force
Co-Chair

Susan Forrest
BHS, Inc.
LA HIV Mental Health Task Force
Secretary

Tom Freese, PhD
Pacific Southwest ATTC

Marvin Belzer, PhD
UCLA MARC

Mark Katz, MD
Kaiser Permanente

David Martin, PhD
Harbor UCLA MC

Ardis Moe, MD
UCLA/Pacific AETC

Luis Gutierrez-Mock, MA
CoE for Transgender Health

Fariba Younai, DDS
UCLA/Pacific AETC



The Los Angeles
HIV Mental Health
Task Force



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Coping with Hope 2011
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