

Conference Agenda

Conference Time: 7:30am~4:45pm

Registration & Continental Breakfast

(Tai Chi Exercises on the Patio - Led by Tzu Chi Volunteers)

Welcome

Marvin J. Southard, DSW
Director

Los Angeles County Department of Mental Health

Morning Keynote Speaker

“Healing, Recovery and Wholeness:
Spiritual Care & Mental Health
Rev. Craig Rennebohm
Community Mental Health Chaplain

Afternoon Keynote Speaker

“Mental Health & Spirituality:
What Can an Agnostic Do?”
Kathleen McKenna, MD
Psychiatrist, Harbor-UCLA Medical Center

Concurrent Workshop Sessions

- 1. Muslim Spirituality**
Sheikh Yassir Fazaga, MFT
- 2. Healing Effects of Meditation: Experiential Workshop of Buddhist, Jewish, & Sikh Traditions**
Dr. Rocco Cheng, Dr. Gabe Goldman and HarSimran K. Khalsa
- 3. Organizing a Mental Health Team in the Local Congregation (AM)**
Relational Outreach and Engagement (PM)
Rev. Craig Rennebohm
- 4. Practical Spirituality: Engaging the Five Senses for Everyday Mindfulness**
Rev. Laura Mancuso
- 5. From ‘Cosmic Sadist’ to ‘Aslan the Great Lion of Narnia’: C.S. Lewis’ Journey to Wholeness**
Dr. Paul Ford, Ph.D.

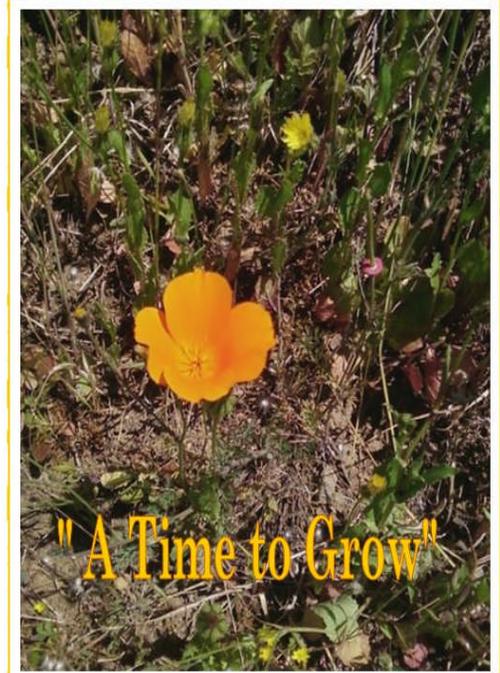
10 YEARS OF BUILDING FAITH PARTNERSHIPS FOR HOPE, WELLNESS, AND RECOVERY WITH MENTAL HEALTH & SPIRITUALITY



Los Angeles County Department of Mental Health
Community & Government Relations
550 S. Vermont Ave., 12th Floor
Los Angeles, CA 90020

County of Los Angeles
Department of Mental Health

10th Annual Conference on Mental Health & Spirituality



Thursday, June 2, 2011
(7:00am ~ 4:45pm)

The California Endowment
Center for Health Communities
1000 N. Alameda St.
Los Angeles, CA 90012

MHSA Funded

About the Conference



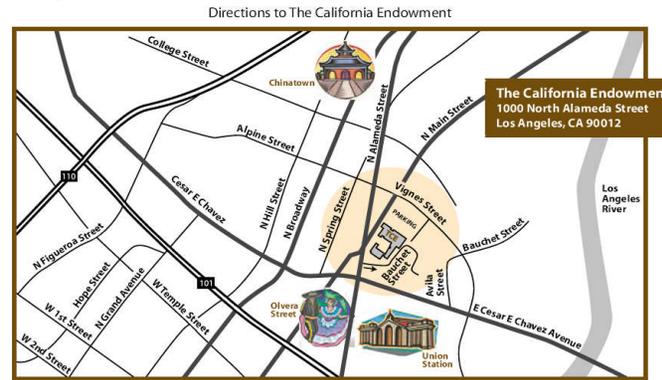
This year's conference marks the decade-long efforts on DMH's part to integrate mental health and spirituality. We have been cognizant of the need of the clergy and of the mental health providers to know HOW this integration is to be done as well as understanding the deep connections between mental health and spiritual work in promoting recovery for those with mental illness.

Our theme this year is "Time to Grow." For that purpose we are offering the establishment of Mental Health Ministry in congregations. **Rev. Rennebohm**, Founder of Mental Health Chaplaincy in Seattle will present this concept in his Keynote speech. He will also introduce the Tool Kit developed by Pathways to Promise which is being piloted in St. Louis and in Washington State. Los Angeles will be another pilot site. His subsequent workshops will be the nuts-n-bolts and clinical practices in building mental health teams in faith communities.

Our own staff, a psychiatrist at Harbor-UCLA, **Dr. McKenna** will explore in her Keynote the spirituality of the human being, including those of the non-religious people. **Sheikh Yassir** will orient us on how Mental Health is viewed by the Muslim community. **Dr. Ford** will share an author's quest for wholeness through fairy tales. **Rev. Mancuso** will teach the use of our senses in daily practice for spiritual health. **Drs. Cheng, Goldman** and **Ms. Khalsa** will have experiential presentations on meditation as practiced in their congregations.

The Invocation will be done by **Pastor Urbina** of Seventh Day Adventist who does inter-faith chaplaincy. The Opening Ceremony will be an original song to be rendered by its composer, **Dr. Aharonian**, a psychologist at DMH. The Closing Ceremony will be a Navajo blessing by **Mr. Hale** and a tribal dancer who will affirm that despite our diversity, we are but ONE humanity.

Directions to The California Endowment



Directions

From LAX

Merge onto S. Sepulveda/CA-1 S. Toward I-105; I-105 E toward Norwalk; Merge onto I-110 N toward Los Angeles; Just past downtown, follow signs on right to 10 E. San Bernardino/5 S Santa Ana (US 101 South) Exit Broadway; Right on Cesar; Left on Alameda; Right at Baughet St. (1st stop light); Continue into TCE parking lot

Location

The California Endowment Center is conveniently located with walking distance of Union Station which is served by public transportation, metro lines, taxis and shuttle services.

FREE Parking is Available

Public Transportation

• Metro Rail lines From LAX to Union Station

For more information: <http://www.mta.net>

(Walk out of Union Station at Alameda Street exit, turn right at sidewalk, walk 1.5 blocks north to front entrance of California Endowment)

• Flyaway Bus Service

For more information: <http://www.lawa.org>

Los Angeles County Department of Mental Health (LACDMH) is approved as a continuing education provider by the following:

- California Board of Behavioral Science (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists
- California Board of Registration Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians
- California Association of Alcoholism and Drug Abuse Counselors (provider #2N-91-267-0811)

No preparation is required for this training conference

Please apply at the CEU table on the day of the event

10th Annual Conference on Mental Health & Spirituality
Thursday, June 2, 2011
Registration Form (Please Print Clearly)

Name _____

Title _____ Organization _____

Address _____

City/State _____ Zip Code _____

Phone _____

I am (Please Check One):

- Clergy Member, please specify which Faith _____
- Mental Health Consumer
- Family Member/Caregiver
- Provider
- Other: _____

Registration Fee **\$100.00**

Due by: May 12, 2011

(Registration includes: Continental Breakfast, Buffet Style Lunch, Workshops, CEU's and much More)

Special Needs

- Language Interpretation: _____ American Sign Language
- Wheelchair Accommodation

Payment Information

Please make check or money order payable to: **Los Angeles County**

Mail payment to: **Department of Mental Health**
Attn: Destiny Walker
550 S. Vermont Ave., 12th Fl.
Los Angeles, CA 90020

- Please DO NOT send CASH
- **There will be a \$33.00 fee charged on checks returned by the bank due to insufficient funds.**
- If you would like your confirmation mailed to you, please submit a self-addressed, stamped envelope with your payment.
- **Cancellations/Refunds: For a full refund, request must be received in writing no later than May 31, 2011. After that date, fees are non-refundable. There will be no partial refund.**

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