

Transition Age Youth Conference

This conference will promote hope, wellness, and self-sufficiency in the Transition Age Youth (TAY) population ages 16 –25.

The goals of this conference are to provide participants with the tools and knowledge to effectively and competently deliver mental health services and supports to TAY experiencing emotional, behavioral, and/or co-occurring substance abuse challenges.

WORKSHOP TOPICS INCLUDE:

- Advocacy
- Best Practices
- Co-Occurring Disorders (COD)
- Employment Strategies
- First Psychotic Break
- Functional Family Therapy and Juvenile Justice
- Housing Strategies
- LGBTQ
- Motivational Interviewing
- Music and Art Therapies
- Suicide Prevention
- Supporting TAY in Higher Education

Conference Agenda:

- 07:30 am – 08:30 am Registration**
- 08:30 am – 08:45 am Introduction & Welcome Los Angeles County Department of Mental Health**
- 08:45 am – 09:45 am TAY Housing Panel**
- 09:45 am – 10:15 am Mia St. John Morning Keynote Speaker**
- 10:15 am – 10:30 am Break**
- 10:30 am – 12:00 pm Concurrent Workshops I (A, B, C, D, E, F)**
- 12: 00 pm – 1:00 pm LUNCH ON YOUR OWN**
- 1:00 pm – 2:30 pm T. Tomás Alvarez III, MSW Afternoon Keynote Speaker**
- 2:30 pm – 2:45 pm Break & Light Refreshments**
- 2:45 pm – 4:15 pm Concurrent Workshops II (A, B, C, D, E, F)**
- 4:15 pm – 5:00 pm Closing Ceremony & Evaluations**

County of Los Angeles Department of Mental Health is approved as a continuing education provider by the following:

- California Board of Behavioral Sciences (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists
- California State Board of Registered Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians
- California Association of Alcoholism and Drug Abuse Counselors (Provider #2N-91-267-0811)

No preparation is required for this training conference. Please apply at the CEU table on the day of the event.

MORNING KEYNOTE SPEAKER

Mia St. John

In 1996, Mia decided to pursue her true passion full-time, the sport of combat. On Valentines Day, 1997, Mia made her pro-debut in boxing, knocking out her opponent in fifty-four seconds into the first round. Mia signed with Don King and stayed with him for a year and a half before she left King for his rival, Bob Arum of Top Rank. At Top Rank, Mia spent four years opening for all of Oscar De La Hoya's major fights. In November of 2010, Rep. Grace F. Napolitano joined Mia and LA Laker Ron Artest for an official mental health and suicide prevention training at Napolitano's district office in Santa Fe Springs. Artest and St. John have joined Napolitano to promote the Mental Health in Schools Act; legislation she authored which would increase federal funding for mental health therapists in schools. Currently, she speaks in schools and juvenile halls on the importance of education and overcoming hardship. She speaks of her own battles with mental health, addiction, poverty, and overcoming it all to become a three time international boxing champion.

AFTERNOON KEYNOTE SPEAKER

T. Tomás Alvarez III, MSW

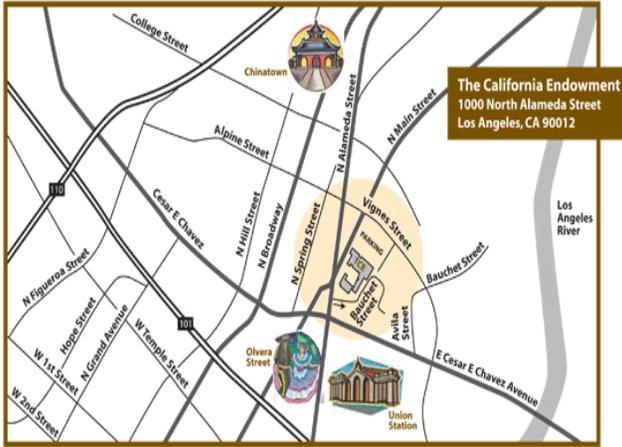
Tomás is the founder and executive director of Beats, Rhymes and Life (BRL), a clinically-based community organization that aims to promote mental health and wellness among youth and young adults by utilizing Hip Hop and other forms of popular culture. Tomás lives and practices social work in Oakland, California where he specializes in culturally congruent, strength-based therapeutic group work with adolescents of color. In 2009, his performance-based Rap Therapy group became the focus of a feature film entitled Beats, Rhymes and Life Film Project set to premier in 2011. Tomás presents his Rap Therapy model to organizations, systems of care, and universities across the country in an effort to make mental health services more useful and meaningful to diverse youth populations. In addition to his work with BRL, Tomás serves as a Transition Age Youth advocate and consultant for Alameda County.



Mia St. John



T. Tomás Alvarez III



THE CALIFORNIA ENDOWMENT
 Center for Healthy Communities
 1000 N. Alameda Street,
 Los Angeles, CA 90012
 Phone: (866) 833-3533

Complimentary parking is on site.
<http://www.calendow.org/chc/MapDirections.html>



IF YOU ARE IN CRISIS AND NEED
 HELP RIGHT AWAY
 Call Toll-Free, 24/7 Access Helpline:
 1-800-854-7771



William T Fujioka, *Chief Executive Officer*
 Los Angeles County

Los Angeles County Board of Supervisors

Gloria Molina, *First District*
 Mark Ridley-Thomas, *Second District*
 Zev Yaroslavsky, *Third District*
 Don Knabe, *Fourth District*
 Michael D. Antonovich, *Fifth District*



Marvin J. Southard, D.S.W., *Director*
 Los Angeles County
 Department of Mental Health
 550 South Vermont, 12th floor
 Los Angeles, CA 90020

<http://dmh.lacounty.gov>

For additional
 conference
 questions,
 email:

DMHTAYCONFERENCE2011@DMH.LACOUNTY.GOV

Artwork by Josh Kaplan

**COUNTY OF LOS ANGELES
 DEPARTMENT OF
 MENTAL HEALTH
 PRESENTS:**

Transition Age Youth (TAY) Conference May 17, 2011

**PROMOTING HOPE,
 WELLNESS, AND
 SELF-SUFFICIENCY**

