

Congregational Mental Health Training T4T

Wednesday,
June 1, 2011

Buddhist
Tzu Chi Foundation

National Headquarters

1100 S. Valley Center Ave.
San Dimas, CA 91773



Jing Si Abode, Hualien, Taiwan
Spiritual home of Tzu Chi Volunteers

Tel: (909) 447-7799

Directions to Tzu Chi Foundation National Headquarters

1100 S. Valley Center Avenue • San Dimas, CA 91773 • phone 909-447-7799

From Santa Monica Freeway (traveling from West to East): Take Santa Monica Freeway (10) East. Take the GRAND AVE. exit. Turn LEFT onto S GRAND AVE. Turn RIGHT onto E BADILLO ST. Turn RIGHT onto CYPRESS. Turn RIGHT onto S VALLEY CENTER AVE. all the way till the end of the road. Turn LEFT onto a narrow street all the way till the top of the hill and there is Tzu Chi Foundation Headquarters.

From Foothill Freeway (traveling from West to East): Take Foothill Freeway (210) East. Take the SUNFLOWER AVE. exit. Turn RIGHT onto SUNFLOWER AVE. Turn LEFT onto ARROW HWY. Turn RIGHT onto S VALLEY CENTER AVE. all the way till the end of the road. Turn LEFT onto a narrow street all the way till the top of the hill and there is Tzu Chi Foundation Headquarters.

From Orange Freeway (traveling from South to North): Take Orange Freeway (57) North. Take the COVINA BLVD. exit. Turn LEFT onto W COVINA BLVD. Turn LEFT onto S VALLEY CENTER AVE. all the way till the end of the road. Turn LEFT onto a narrow street all the way till the top of the hill and there is Tzu Chi Foundation Headquarters.



Los Angeles County Department of Mental Health
Community & Government Relations
550 S. Vermont Ave., 12th Floor
Los Angeles, CA 90020
Attn: Adrienne Hamant





About the Training for Trainers (T4T)

What is it?

The *CONGREGATIONAL MENTAL HEALTH TRAINING* is a one-day, certificated program, free of charge, offered by the Los Angeles County Department of Mental Health (DMH) Spiritual Care Program (SCP), in the divinely inspired pastoral setting of our gracious host, the Buddhist Tzu Chi Foundation. This program is designed to help clergy, pastoral counselors, volunteer lay ministers and members in active leadership positions of all faiths meet the mental health needs of their communities. This training is aligned with the Affordable Care Act (especially programs of prevention and promotion) which is related to Federal Health Care Reform.

This training program will be emceed by Ms. Keren Goldberg, Faith Outreach Program Manager of the DMH Community and Government Relations Division (CGRD).

Who can benefit from this training?

- 1.All Faith Community leaders who want professional guidance, practical information, and educational resources in order to establish a Mental Health Team for outreach to members of their faith communities who need specialized support in their struggles with mental illness, trauma, abuse, and chemical dependency.
- 2.DMH staff who are engaged in outreach, assistance, and education to faith communities.
- 3.Evaluators who will conduct the pre and post studies to assess the effectiveness of this training program.

Who will provide the training?

Rev. Craig Rennebohm, Founder of Mental Health Chaplaincy in Seattle, (the morning

keynote speaker at the 10th Annual Conference on Mental Health and Spirituality the following day in Los Angeles) will present the three modules of Mental Health Ministry Toolkit that was developed by Pathways to Promise. This Toolkit is being piloted in St. Louis and Seattle. Los Angeles will be the third pilot site. To have a copy of the Toolkit, go to www.pathways2promise.org

Rev. Rennebohm is also a founding member of *A National Mental Health Training Initiative*, a collaborative venture embarked last year by the American Association of Pastoral Counselors (AAPC) and Pathways to Promise. This Initiative was developed to inform, equip and train faith leaders to increase their capacity to address mental health and substance use issues in their congregations and communities, and to support recovery. The Initiative fosters the building of relationships between churches, synagogues, mosques, community support systems, pastoral counselors and centers, education programs (universities, seminaries), and local behavioral health entities.

What are the next steps?

Part of this training day will be spent in planning the roll out of the Mental Health Ministry Toolkit in Los Angeles County. Tentative dates will be scheduled for quarterly follow up meetings and mini-trainings.

Space is limited to those who register by May 12th.



Training Program

Registration Begins: 9:00am

9:30 a.m.

Welcome

Dr. William Keh, CEO

Buddhist Tzu Chi Foundation

Dr. Marvin J. Southard, Director

LA County Department of Mental Health

10:00 a.m.

Rev. Craig Rennebohm, Presenter

Mental Health 101 Training Module

11:15 a.m.

Tour of Campus and Buddha Hall

Prayer

Vegetarian Lunch

1:00 p.m.

Organizing a Mental Health Team Training Module

Companionship Training Module

3:00

BREAK

3:15 p.m.

LA County Implementation Planning

5:00 p.m.

Adjournment

For information on the 10th Annual Conference on Mental Health & Spirituality "A Time to Grow," held on June 2, 2011:

Please contact **Destiny Walker** at
(213) 639-6396 or
dwalker@dmh.lacounty.gov

Congregational Mental Health Training T4T

"FREE" Registration

Name _____

Title _____ Organization _____

Address _____

City/State _____ Zip Code _____

Phone _____

E-Mail Address _____

I am (Please Check One):

- Clergy Member, please specify which Faith _____
- Mental Health Consumer
- Family Member/Caregiver
- Provider
- Other: _____

Please Return By:

Due by: May 12, 2011

(Includes registration, lunch hosted by Tzu Chi Volunteers)

Special Needs

- Language Interpretation: _____ American Sign Language
- Wheelchair Accommodation

Please Mail Registration Form To:

Los Angeles County Department of Mental Health
Community & Government Relations
550 S. Vermont Ave., 12th Floor
Los Angeles, CA 90020
Attn: Adrienne Hament

Phone: 213-738-4395

Fax: 213-386-1297

E-mail: AHament@dmh.lacounty.gov